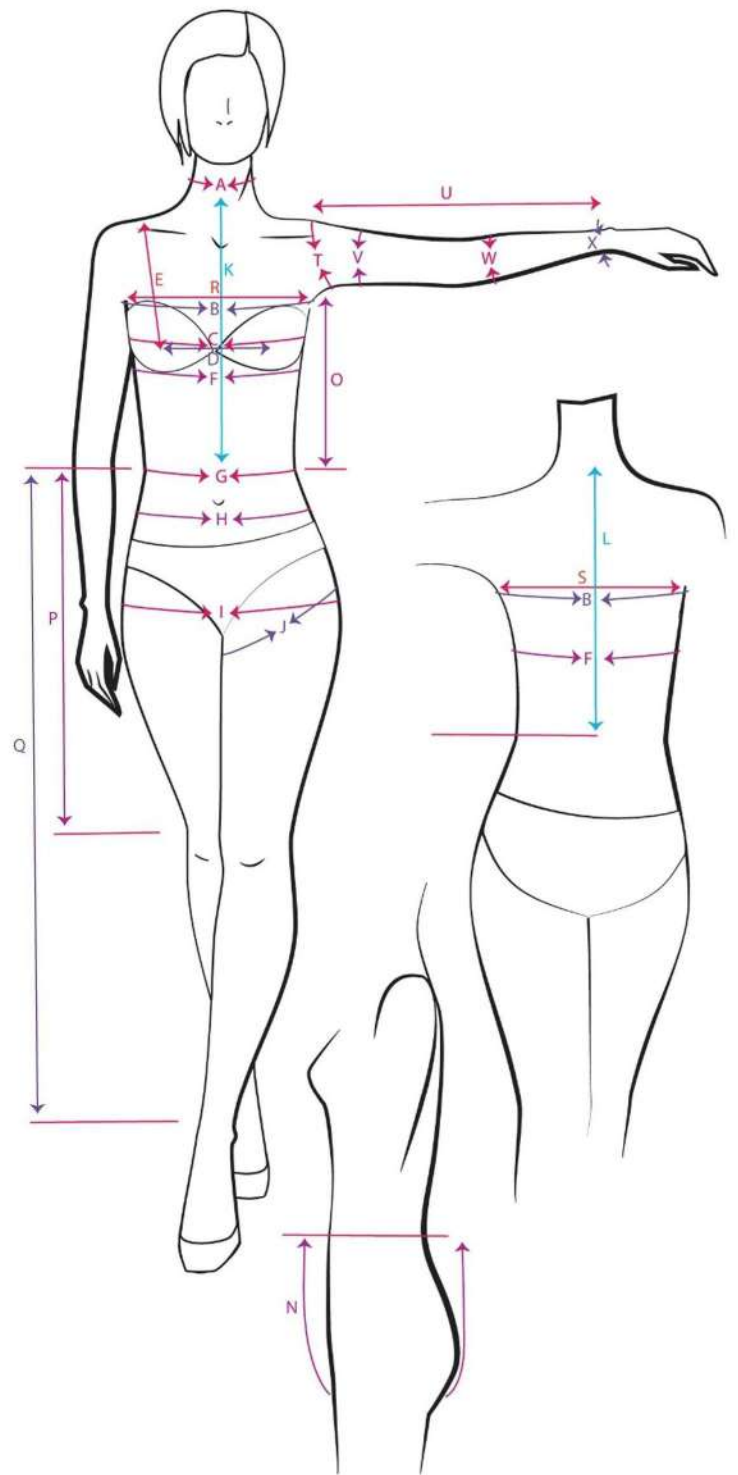


# MEASUREMENT INFORMATION

The whole process should take 15 minutes and we would ask that someone helps you as some of the measurements are a little tricky to get right on your own. Please write all measurements in centimetres CM

- Please wear something smooth fitting like swimwear, crop top and leggings or a vest top.
- Use a flexible measuring tape, such as plastic or cloth.
- When taking measurements, stand straight with your muscles relaxed and don't breathe in.
- Ensure the tape measure doesn't sag/drop, keep it close to the body without pinching the skin
- Alterations can be costly so please check all measurements twice for accuracy.

A. Neck.	B. Chest.	C. Bust.
Bra size, (Your current bra label size, band and cup)		
D. Bust point to bust point		
E. Mid shoulder to bust point		
F. Midriff (under bust)		
G. Waist		
H. Mid hip (10cm down from the waist)		
I. Hip (20cm down from the waist)		
J. Around top leg		
K. Base of throat to waist (centre front)		
L. Nape to waist (centre back)		
N. Crotch		
O. Underarm to waist		
P. Waist to middle of knee		
Q. Waist to top of ankle		
Skirt length, standard is 2cm above back of shoe		
R. Across front	S. Across back	
T. Arm scye	U. Sleeve length	
V. Top arm		
W. Forearm (just below elbow)		
X. Wrist		
Special areas to consider regarding fit (HEIGHT & WEIGHT)		



Contact details

Name

post code / zip code

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According to the measurement chart, at least please provide your height, weight, bust, waist and hips.